

# Kids Bay Adventure Canoeing Over Night Checklist



- Sleeping Bag or Twin sheet set
- Pillow
- Towel, wash cloth, soap, toothbrush & toothpaste
- Small bag to carry toiletry items
- Cap/hat
- Sun Screen
- Insect repellent (NO citronella)
- Change of clothes for Friday
- Shorts & T-shirt to sleep in
- Poncho or rain gear (if necessary)
- 3 pairs of shoes – slip on for night, shoes for dry and shoes for wet
- sweatshirt
- plastic bag for dirty and/or wet clothes
- flashlight
- Any necessary medication for insect stings, allergies, asthma, etc which must be given to Cindee Wong or Donna Stotts at beginning of day.
- An electric fan is allowed, but not necessary

Horn Point cannot be responsible for any items lost or stolen

## DO NOT BRING:

- ❖ Video games (game boy, Nintendo, etc), radios, CD players, blow dryers, curling irons, knives, matches or lighters.
- ❖ Students will not be taking showers - so shampoo, bath towels, gels, etc. are not to be brought for the overnight stay.